



MAINTAINING CONTINUITY



www.millepelletier.ca

On April 18, 2015, at the 17th QMA convention, I had the honour of becoming the 72nd president of your association, succeeding Dr. Laurent

Marcoux. During his mandate, Dr. Marcoux advanced the QMA's major issues with great conviction, such as overdiagnosis and end-of-life care, thereby also bringing even more visibility to our association. I would like to thank him on your behalf, and also personally for his unwavering commitment to the association and the medical profession.

I intend to continue the work of my predecessors by engaging all the expertise offered by the QMA and by pursuing the reflections related to medical professionalism and the social contract, topics at

our convention that generated considerable discussion in the current context of transforming the health care system. The dynamic team represented by the 2015-2016 Board of Directors (see the box) will continue the work that has already been started, including the issues related to overdiagnosis, accessibility, interdisciplinarity, enforcement of legislation governing end-of-life care and accessibility to health care.

I would like to acknowledge the contribution of three members who have contributed actively to the Board of Directors and whose term ended in April. They are Dr. Ruth Vander Stelt, Dr. Daniel Tardif and Colin Laverty. Thank you all!

The next few years will be crucial for our profession. The QMA is here to guide the medical profession in redefining and surpassing itself, and taking charge of its future. As the 72nd president of the QMA, I give my full commitment to the association.

I wish you all a great summer!

Dr. Yun Jen, MD FRCPC
President

2015-2016 BOARD OF DIRECTORS

- Dr. Yun Jen, President
- Dr. Isabelle Samson, Vice-president
- Dr. Laurent Marcoux, Outgoing President
- Claudie Dandurand-Bolduc, Director (student representative) *
- Dr. Pierre Harvey, Director
- Dr. Michèle Pelletier, Treasurer *
- Dr. Abdo Shabah, Director *
- Dr. Hugo Viens, Director
- Normand Laberge, Executive Director

* New Board members

The QMA and CMA in Your Region!



The QMA, in close collaboration with the CMA, will launch a regional tour of Québec in the fall of 2015. They will first conduct a pilot project in the Beauce area in October 2015, before visiting Charlevoix, Saguenay-Lac Saint-Jean and Québec City. The objective: respond to the needs of members by offering local services.

The concept is simple. Invite the QMA-CMA to your workplace, be it for breakfast, lunch or the evening, and get a block of 1, 1.5 or 3 hours of training, according to the availability of your group. The training will be given in French and accredited for CPD

credits, offering topics such as *Mobiliser en contexte de turbulence* (engaging people in a turbulent context) and *Prévenir le sur-diagnostic : un exercice de mobilisation* (preventing overdiagnosis: an exercise in engaging others).

The training activity is free and intended for all practising physicians or physicians affiliated with a clinic or institution that welcomes the QMA-CMA during the tour. Are you interested? Contact the QMA at melissa.bourgoin@amq.ca and find out more about the tour arrangements!

The QMA is organizing the 1st physician executives symposium

Our health care system is going through the biggest transformation it has seen in 30 years and physician executives are caught in a whirlwind of changes. With the adoption of Bill 10, Bill 20, activity-based funding and the announcement by INESSS of a project to examine the clinical relevance of the health care network, the directors of professional services and physician executives need to be properly equipped to fulfil their role adequately in these new structures. Consequently, to help meet these needs and in the wake of the end of AQESSS, the QMA has announced the creation of a physician executives group.

The first activity addressing this topic will be the **1st physician executives symposium**, organized jointly by the QMA and CMA, to be held on **November 19, 2015, at the Hyatt Regency Montréal**. Physician executives: put this symposium on your agenda now! You will receive the event program and registration form shortly.

A *Physician executives* section on the QMA's Web site (www.amq.ca), a series of courses and training adapted to the needs of physician executives will be available very soon.

Leadership and extreme medicine: a success for the CMEQ

Practising medicine during armed conflict, in extreme geographic areas or when natural disasters strike. This is the topic that 150 medical students attending the 7th Colloque médical étudiant du Québec (CMEQ) in Sherbrooke on May 8 and 9, 2015, learned about under the theme of



leadership and extreme medicine. The QMA Students Group organized the event.

To find out more, read the full article at www.qma.ca on the "About the QMA" tab under "QMA Info".

Two more QMA members now have CCPE credentials



Dr. Daniel Tardif



Dr. Sophie Laflamme

This year, two of the 19 physicians who earned the Canadian Certified Physician Executive (CCPE) credential are QMA members. They are Dr. Sophie Laflamme and Dr. Daniel Tardif. They join four other QMA members who received this designation in 2013 and 2014. This certification confirms that they have fulfilled the eligibility criteria and demonstrated through a peer review and assessment process that they have the knowledge, skills and leadership accomplishments not only worthy of national recognition but also needed to influence and bring about change in today's complex health care environment. The QMA is proud to highlight their success and congratulates these two members.

Tobacco control: what is Bill 44 proposing?

Read the full article at www.qma.ca on the "About the QMA" tab under "QMA Info".

2015 awards of excellence and scholarships

As part of its convention activities, the Québec Medical Association handed



out its 2015 awards of excellence giving the physicians who make an exceptional contribution to the progress of health care in Québec the recognition they deserve. The association was proud to partner with TD Insurance Meloche Monnex once again this year to give scholarships to students from the faculties of medicine in Québec, and the Robert Gourdeau Award to one of the university scholarship recipients. The winners are:

Prestige Award

Dr. Claude Roy

Alain Cloutier Award

Dr. Patrick Michel Archambault

Teaching-Clinician Award

Dr. Jean-Pierre Beauchemin

Emerging Professional Award

Dr. Jacques Balayla

Scholarships

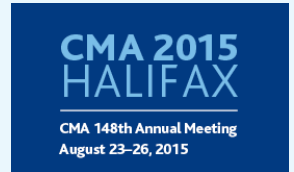
Peiyin Zhang (Université Laval)
Nadine Chata (McGill University)
Julien Dallaire (U. de Sherbrooke)

Robert Gourdeau Award

Yassen Tcholakov (U. de Montréal)

Congratulations to everyone!

End-of-life care: the CMA wants your opinion



Subsequent to the Supreme Court of Canada's historic ruling in the case of Lee Carter, end-of-life care will be one of the main issues discussed at the next General Council of the Canadian Medical Association (CMA), to be held from August 23 to 26 in Halifax, Nova Scotia. In preparation, the CMA is currently conducting an online consultation with members until July 6 to gather their comments on essential strategic questions.

The initiative is intended to support the upcoming discussions at the General Council, and to help guide the implementation of adequate resources for physicians and develop strategies for representation and professionalism with respect to providing medical aid in dying.

To take part in the consultation, go to the CMA Website, click the button and follow the steps.

JASP: Collaboration among physicians in the health care system

On December 9, 2015, the QMA will take part in a day focused on the challenges of collaboration faced by family physicians and other medical and social stakeholders in the regions. The activity will take place in Montréal as part of the 19th Journées annuelles de santé publique (JASP).

Registration will begin in September. Mark December 9 in your agenda now! For more information, visit jasp.inspq.qc.ca.

InfoPratique = Mainpro-M1 credits!

CMA members can now earn 0.5 Mainpro-M1 credits by reading research summaries published in InfoPratique. The clinical updates in InfoPratique summarize high-quality evidence-based research covering a variety of noteworthy clinical issues for general practitioners and specialists alike.

The articles, offered in French only, are published on cma.ca and sent out by e-mail every two weeks to members who have subscribed.

Sign up now, on www.cma.ca

49 new recommendations for Choosing Wisely Canada



Choosing Wisely Canada just published 49 new recommendations aimed at encouraging physicians and patients to engage in conversations about unnecessary tests, treatments and procedures, and to support physicians so they can help patients make smart and effective choices to ensure high-quality care. The QMA is working actively with *Choisir avec*

soin, the French-language component of the pan-Canadian *Choosing Wisely® Canada* campaign organized by the University of Toronto in partnership with the Canadian Medical Association.

See the recommendations at www.choosingwiselycanada.org.



Leadership
PMI

PMI Leadership program in Québec City and Rouyn-Noranda

Cohorts are starting in Québec City and Rouyn-Noranda. Join them now and take part in PMI Leadership program courses being given in French close to your workplace!

QUÉBEC CITY

Mobiliser les autres (engaging others)
(CPD credits: 17.25)
Dates: September 22, 23 and 24, 2015
Place: Hôpital du Saint-Sacrement

Dépenses, sens et bon sens (dollars and sense) (CPD credits: 17.25)
Dates: November 26, 27 and 28, 2015
Place: Hôpital du Saint-Sacrement

ABITIBI

Connaissance de soi et leadership efficace

(self-awareness and effective leadership)
CPD credits: 17.75
Dates: September 29, 30 and October 1, 2015
Place: Centre hospitalier de Rouyn-Noranda

Mobiliser les autres

 (engaging others)

CPD credits: 17.25
Dates: December 1, 2 and 3, 2015
Place: Centre hospitalier de Rouyn-Noranda

HEALTH CARE SYSTEM

Elsewhere in the system!

Visit the section of the Web site devoted to the health care system, its stakeholders, and news and events.

What

CMA – Influencing boards: unpacking principles of board governance (course offered in English)

Where and when

Montréal, October 18 and 19, 2015

What

Medical employment fair as part of Québec Career Day

Where and when

Montréal, October 2, 2015

What

The International Conference on Residency Education 2015

Where and when

Vancouver, October 22 to 24, 2015

What

2nd Québec Forum on Arthritis

Where and when

Québec City, October 24, 2015

TD Insurance

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QMA

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Due to provincial legislation, our auto and recreational vehicle insurance program is not offered in British Columbia, Manitoba or Saskatchewan.

*Average based on the home and auto premiums for active policies on July 31, 2014 of our Quebec clients who belong to a professional or alumni group that has an agreement with us when compared to the premiums they would have paid with the same insurer without the preferred insurance rate for groups and the multi-product discount. Savings are not guaranteed and may vary based on the client's profile.

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