



IN 2016, LET'S TALK ABOUT CLINICAL GOVERNANCE



For physicians in Québec, 2016 will be a year of challenges. We must still learn to cope with the effects of the passing of Bill 10 and Bill 20. The structural and

functional organization of resources and services is now different, needs continue to evolve and the public is still expecting improved accessibility to care. This is a landmark year in which the profession must treat the implementation of a unifying, realistic and efficient clinical governance model as a priority.

Seeing the changing context as a world of opportunities, in 2015 the QMA took initial action supporting this idea of new clinical governance. Our 1st symposium for Physician Executives was a success, as was the launch of the very first group for physician executives.

To reflect the reality of physicians in Québec, the QMA also chose to make its 18th annual convention on April 15 and 16, 2016, an innovative gathering where renowned speakers, round tables with stakeholders, and participatory workshops will lead to the introduction of activities aimed at developing this new clinical

governance. I invite you to join in this convention of leaders. Add your voice to mine to make a real difference.

An active start to the year

A number of actions have been taken by your association since the beginning of the year:

- In our ongoing efforts to make the health care system more aware of the consequences of overdiagnosis, we saw our work rewarded when Québec City was chosen to host the 5th edition of the Preventing Overdiagnosis conference in 2017.
- We also met with the vice-deans of the four university faculties in Québec to propose that the topic of the social contract be added to the curriculum for medical students.
- The QMA also collaborated with INESSS to promote the guide on defining levels of care, which aims to create a uniform approach in different clinical environments. The primary aim of the guide is to promote the proper use of care levels and to assist with shared clinical decisions in various contexts.

- Your association also prepared a brief on poverty and social exclusion in the

framework of the public consultation held by the Ministère du travail, de l'Emploi et de la Solidarité sociale and the *Third Government Action Plan to Combat Poverty and Social Exclusion in Québec*.

In this new edition of *QMA Info*, you will also learn a little more about our participation in the Health and Welfare Commissioner's public consultation about the basket of services covered by the province. You can read the highlights of the brief that we submitted in this regard.

As you can see, your association is in action mode. It has taken a position as a positive agent of change and a leader in the health care system. In 2016, you can rest assured that we will continue with our good work!

To conclude, remember that the QMA relies on your commitment to all its causes. Stay tuned. We will keep you informed of the latest developments. Until then, happy reading!

Dr. Yun Jen, MD FRCPC
President

Innovation, decisions, action!

Attend the Québec Medical Association's 18th convention on **April 15 and 16, 2016, at the Hyatt Regency Montréal**, where the theme will be **Clinical Governance: Time to Decide!**

On Friday, April 15, in addition to conferences and panels, attend the release of the results of an **exclusive survey** to learn more about the engagement of Québec physicians regarding the nine principles of clinical governance set out in the report *Le rôle de la profession médicale dans la gouvernance du système de santé québécois* (in French only).

In the evening, enjoy a conference dinner, where the topic of discussion will be innovation and change. **Jean David**, an author and idea entrepreneur, and one of the pioneers and builders of the Cirque du Soleil, will talk about the protocol of innovation for firms and organizations in the 21st century (**Le protocole d'innovation: Pour les entreprises et les**



organisations du 21^e siècle!) Registration required.

On Saturday, April 16, attend the **round table** discussion on successfully integrating primary care into the system (Pour une intégration réussie de la première ligne dans le système!), which will bring together the following panelists:

- **Dr. Isabelle Samson (QMA)**
- **Dr. Louis Godin (FMOQ)**
- **Dr. Maxine Dumas Pilon (CQMF)**
- **Dr. Claire Gamache (Cité de la santé de Laval)**
- **Dr. Stéphane Tremblay (CIUSSS-Estrie)**

Check the preliminary program (in French only) for more information and register now for the convention and conference dinner on www.qma.ca, under "QMA in action" and "Conventions".

Show your leadership in a changing system!

The one-day seminar on new governance and medical leadership (**Nouvelle gouvernance et leadership médical**) is intended for physician leaders who want to understand the governance practices of organizations in the framework of the changes taking place in the health and social services system. What are these new CISSS or CIUSSS administration boards? What is their role? What is the purpose and scope of their mandate? What will change in the system's general and territorial governance? This training introduces participants to new ways of showing positive, strategic medical leadership adapted to the transformation of the health care system.

The seminar will take place on May 30, 2016 at the CHUM Academy in Montréal. A request for accreditation will be submitted to a recognized accrediting organization (Category 1 credits – MainPro-1/Section 1). For more information and to register, visit amq.ca/formation or contact the QMA at 1 800 363-3932 or admin@amq.ca.

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The QMA's position on the basket of services

What care should be covered by the province? This is the key question in the public consultation launched by the Health and Welfare Commissioner. The QMA presented a brief on this issue in which it shares its concerns over the notion of equity and the ability of our society to maintain an accessible health care system, regardless of users' ability to pay.

Many stakeholders argue for one of the following approaches: more extensive use of the private sector, user copayment, or removing certain services from coverage. The QMA feels that the question should be approached from four angles: the appropriateness of the procedures, the compensation mechanism, the decision criteria regarding coverage of a procedure and the review process.

Appropriateness

For the QMA, the priority must be to identify procedures that are not useful. Before even reducing the basket of insured services, it is essential to deal with the sources of waste, namely overdiagnosis and overtreatment. In fact, the QMA proposed that these two issues become a national priority.

Compensation mechanism

Compensation methods and levels have an impact on the volume of diagnostic

procedures and treatments, regardless of their appropriateness. The QMA therefore proposed analysing the possibility of determining the compensation for certain medical procedures based on their real usefulness. The general objective is to encourage professional conduct that favours the most appropriate procedures and discourage use of the least beneficial ones.

Criteria

According to some, the question of which criteria should determine whether or not a medical procedure is covered could result in a reduction of the services covered by public funds. Experience in other countries tends to show that introducing transparent, democratic and responsible processes helps to protect health care coverage and ensure efficient services.

Review process for the basket of services

The QMA recommends introducing a permanent mechanism for reviewing the basket of services. The complex, changing environment in which medical treatments are provided requires a well-structured mechanism that can give an ongoing evaluation and assessment of clinical and scientific developments in health care that justify public financial support.

Colloque médical étudiant du Québec



Are we on the verge of a technology revolution in health care? The 8th edition of the Colloque médical étudiant du Québec, with the theme of *La technologie et le médecin de la génération Y* (technology and the physician of the Y generation), taking place on May 6 and 7, 2016, at the Sheraton Laval Hotel, will attempt to answer this question.

Technological progress has revolutionized every known industry. Efficiency, safety, quality and satisfaction are now key requirements in all fields.

In health care, however, things seem to be progressing slowly. Patients have high expectations and the challenges are mounting up: access to care, rising costs, staff burnout, inefficiency and waste.

Attend a conference-networking evening and a full day of conferences and workshops on innovation and the medicine of tomorrow. The physicians of the Y generation must welcome and lead this technology revolution!

More details on www.qma.ca, under "QMA in action", and "Students in action".



Overhaul of Québec's physician billing system (SYRA)

You are invited to an information session on the overhaul of the physician billing system (SYRA) used by the Régie de l'assurance maladie du Québec (RAMQ). It will discuss the effect of these billing changes on all physicians in Québec.

To register, visit this Web site: <http://www.facturation.net>. The upcoming information sessions are listed below:

March 16 - Sherbrooke / Rimouski
 March 17 - Granby / Thetford Mines
 March 21 - Montréal
 March 22 - Gatineau / Trois-Rivières
 March 23 - Chicoutimi

COURSES AND CPD

Medical leadership, get the tools in *Mobiliser les autres*, a course about engaging others

This course focuses on the skills that medical leaders must acquire in order to succeed in an environment that encompasses different functions and cultures. It aims to improve your ability to influence and engage others in order to gain their cooperation and commitment to reach a given organizational vision in the health care setting.

Designed for physicians everywhere in Québec, the **PMI Leadership program** offers five courses aimed at developing medical leadership skills. You can take one or more courses, in any order you wish.

Are you interested in taking this course? **Register for the one being given from June 8 to 10, 2016 in Montréal.** For more information, visit amq.ca/formation or contact the QMA at 1 800 363-3932 or admin@amq.ca.

Physician Executives Group: the executive committee has started its work

Launched at the 1st QMA-CMA symposium for Physician Executives, the Physician Executives Group aims to support physicians in managing medical activities, organizing services or ensuring continuous quality improvement.

An executive committee was formed with a mandate to propose services to support physician executives, along with a related budget. It brings together physicians with varied, complementary expertise in management duties and consists of the following people:

- Dr. Daniel Tardif, assistant CEO, CIUSSS de l'Outaouais
- Dr. Suzanne Gosselin, assistant Director of professional services, CIUSSS de l'Estrie
- Dr. Aline Boulanger, Director of the chronic pain expertise centre at CHUM and Director of the pain clinic at the Hôpital du Sacré-Cœur de Montréal

- Dr. Daniel Roux, Manager of the family medicine group, Nouvelle-Beauce clinic
- Dr. Régine Blackburn, Acting head of the department of family medicine at the CHU de Québec – Université Laval

This committee held its first meeting in January 2016. Defining the group's target clientele, analysing the needs of physician executives, proposing courses of action to address these needs and the resulting relevant activities were the main items discussed at the meeting. A profile of physician executives and validation of the needs and activities required to support them will be completed over the next few weeks in order to propose services that are adapted for physician executives.

Join the Physician Executives Group! For more information, please contact us at: medecinsgestionnaires@amq.ca.

Elsewhere in the system!

What ACFAS international symposium - *Gouvernance, politiques de santé, vulnérabilités: de la recherche à la pratique en santé des populations* (in French only)

When May 10 to 13, 2016

Where Université du Québec à Montréal (UQÀM)

Info www.acfas.ca/evenements/congres/programme_preliminaire

What International Congress on Personalized Health Care

When June 12 to 15, 2016

Where Montréal, Palais des Congrès

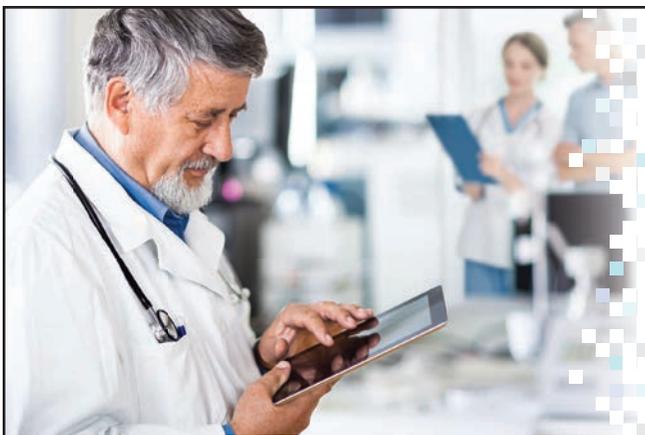
Info www.icphc.org/ACCUEIL.html

What The Society of Rural Physicians of Canada's 24th Annual Rural and Remote Medicine Course

When May 5 to 7, 2016

Where Charlevoix

Info www.srpc.ca/rr2016



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